

# Leadership and Executive Coaching

## GROW YOUR LEADERSHIP WITH US

### YOUR COACHING JOURNEY

- **Phase 1 (Exploration)** - We explore your vision for business and career, including areas for personal and professional growth and your timeline for meeting specific objectives. Partnerships typically begin with an EQi™ assessment and/or 360 feedback assessment
- **Phase 2 (Planning)** - We unpack your strengths and opportunities and co-create strategies for achieving goals
- **Phase 3 (Action & Accountability)** - We meet on an ongoing basis to track your progress and make adjustments as needed

### PACKAGES

- Engagements begin at 9 hours of coaching, and can be purchased in 9 or 12 hour packages.
- Flexibility to meet 30 minutes to an hour to meet the needs of leaders.



### INDIVIDUAL PARTNERSHIPS

- Career Advancement
- Leadership Development
- Emotional Intelligence
- Inclusive Leadership
- People Management & Team Building
- Brand Development
- Well-Being
- And more...



### TEAM PARTNERSHIPS & GROUP COACHING

- Group Emotional Intelligence Assessments and Coaching
- Team Building & Alignment
- Conflict Management
- Inclusive Leadership
- People Management & Team Building
- And more...

READY TO START YOUR JOURNEY? [CONTACT US.](#)